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Beauty Secret Revealed

New advances in foot care have been occurring rapidly along with the rest of medicine. A lot of attention has been placed on getting rid of wrinkles and creases on the face and now in Podiatry we have borrowed some of these same innovative techniques from the plastic surgeons. The latest is to inject the once secret filler substances that plastic surgeons have been using to smooth and contour faces into practical applications for resolving foot problems.

One common problem that can benefit from this new approach is corns on top or between the toes and foot calluses. Usually, the bone under the affected area forms a spur that pushes against the skin which then rubs against the shoe. This constant irritation and friction triggers the skin to react by creating a protective surface known as a corn or callous. The skin is naturally trying to prevent a sore or an ulcer from developing. These corns and calluses over time can become very painful.

Until recently the treatment for calluses and corns was to either shave the callous down, use an over the counter corn plaster or have surgery. The problem never goes away with callous shaving and there is constant upkeep needed to control the callous. Corns are sometimes treated with an over the counter acidic plaster patch that is left on for several days until the corn is removed. Acidic corn plasters usually cause more trouble than they are worth. The acid often burns the skin and over time the painful callous is often replaced by a more painful scar. Lastly, surgery has its inherent risks; not to mention the expense, recovery time and the inconvenience of wearing surgical shoes, etc.

Superior results can now be achieved with this new filler technology. First a local anesthetic is used to numb the affected area then each week for two to five weeks the filler is injected to form a pillow of protection under the skin. Painful toe corns and ball of the foot calluses simply fade away. This innovative treatment is equally achieving superior results for diabetic patients long suffering from ulcers and sores of the foot.



BEFORE



AFTER

Take a look at the before and after photos of my patients and see the dramatic results for yourself.

This before photo is of a patient with a painful corn on the inside of the baby toe. This patient could not wear any type of fashionable shoe without pain. The after photo shows the corn is now gone. Again, terrific results and a shoe shopping spree is being planned.

I highly endorse this procedure and invite you to call my office for an appointment for this exciting new treatment.

Ivar E. Roth DPM/MPH is the only Podiatrist on staff at Hoag Hospital to have full Foot and Ankle surgical privileges. Dr. Roth is located at 351 Hospital Road Suite #407 in Tower One of the Newport Lido Medical Bldg. Call 949-650-1147 for an appointment. Courtesy Valet parking is provided to all his patients. 

