

WRITTEN BY IVAR ROTH, DPM

FOOT MAKEOVER

Is it possible to have an extreme foot makeover?

Yes. It is now possible to change an aesthetically displeasing foot into an attractive, beautiful foot. The procedures that I perform fall into two categories.

The first procedure is foot narrowing. The foot is narrowed by correcting both the bunion deformity of the large toe, as well as, the deformity of the small toe known as a tailor's bunion. These two procedures when performed simultaneously result in a cosmetically streamlined foot. The degree of narrowing achieved is remarkable and until recently was unobtainable.

The second major area of correction is toe shortening. Toes that are too long or odd shaped can now be cosmetically corrected. The goal with this procedure is to balance out the toes and to provide the patient with a more natural looking, beautiful foot.

Of course, along with these advanced procedures a little nip and tuck is utilized to remove excessive skin so that the feet take on a fresh and young look.

Finally, most of the suturing is done with plastic surgical technique so there will be little to no scarring. And yes, I know that the goal is to look good in sexy shoes.

For more information, contact Dr. Roth at (949) 650-1147. 

